

Whispers

the joy of
HEARING



BETTER
HEARING
AUSTRALIA 

DECEMBER 2018

Newsletter of Better Hearing Australia [Sydney] Inc

Dear Members, Supporters and Friends of BHA,

Welcome to our last edition of Whispers for 2018. Where has this year gone?

Our application for a continuation of funding, for the period 1 July 2018 to 30 June 2019 was successful and the grant funds have now been received.

Following lengthy discussions with DeafBlind Association (NSW) Inc [DBA], we have concluded a mutually agreeable commercial arrangement and they moved into 29 Burwood Road, Concord on 20 August 2018.

Initially, DBA representatives will occupy the premises from Wednesday to Friday and BHA volunteers will be there on Monday and Tuesday.

We are delighted to welcome DBA and look forward to a long and happy association with them.

Our AGM was held on Friday, 16 November 2018 at our Sydney premises, followed by light refreshments.

My thanks to our Committee of Management members, Marion Malins, Carmen Malins, Andrew Bush, Peter Kerley and Gina Caravigno for agreeing

to remain on the committee for another year and a warm welcome to Harold Sharp, who joined us earlier this year.



I am privileged to work with such a committed group of fellow volunteers and thank them sincerely for their support and contributions throughout the year.

Members and friends often comment that they have great difficulty hearing in noisy restaurants.

I know I do!!

Uncarpeted floors and bare walls can make dining a very noisy experience.

Here are some tips that may make life a little easier for you.

Choose a Restaurant. With an internet search, you can get an impression of the restaurant that you are about to visit. Pay attention to the pictures of the place and look for carpeting on the floor, acoustic tiles on the ceiling, curtains on the windows, table cloths etc. A restaurant with these features may reduce the worst background noise during your visit.

Choose a Table. When you have chosen the restaurant, you must find the right table. Try to look for tables in the corners of the restaurant and avoid sitting at a table in the middle of the room. Furthermore, it may be better not to sit too close to the entrance, the kitchen, the bar or big groups of people, where a lot of talking is going on.

Choose a Seat. Finally, you must choose the right place to sit. For most people with hearing loss, it would be best to sit with their back against the wall. But also make sure that your view is good. Avoid sitting with your face pointed directly against a sunny window, when you won't be able to see the speaker opposite you.

Be an Early Bird. You can also consider visiting the restaurant early in the evening, before most of the guests arrive. At this time the noise level may be relatively low.

Source: www.hear-it.org/dining-out-hearing-loss

I'm pleased to advise that our regular monthly "Social Tuesday" events have re-commenced with the first one being our Melbourne Cup lunch on Tuesday, 6 November. This was a fun day and enjoyed by all who attended. Wonderful to see Nance Prendergast, one of our esteemed nonagenarians, who was able to join us for the festivities.

I sincerely hope that our previous regular "social function" attendees will return to the fold.

Our Christmas function will be held on Thursday, 6 December at Club Burwood. (see separate flyer).

Finally, to all our members and volunteers, may I wish you a very merry Christmas and a safe and prosperous New Year.

*Best wishes
John*

VALE - we have been saddened by the recent passing of our long-time member, Ruth Jurd. Ruth was a member of our Pennant Hills lipreading class and will be missed and remembered by all her friends at Better Hearing. A friend and a lovely woman.

DATES FOR 2018 SOCIAL ACTIVITIES

BHA SYDNEY CHRISTMAS LUNCH

Thursday, 6 December 2018
at Club Burwood at 12 noon.